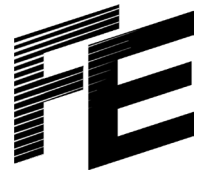


SELF-DISCIPLINE

Daily Declarations and Tips



“People who accept discipline are on the pathway to life” (Proverbs 10:17).

Use these declarations and practical tips as you adjust your life course to match God’s will for you. Begin with prayer and end with thanksgiving.

Declarations

- I align myself with God’s Word and discipline myself as I follow His will.
- My steps are ordered by the Lord, and I love His direction.
- I guard my decisions to continually stay in line with God’s path.
- I discipline myself so that I don’t have to be disciplined.

Practical Tips for Effective Self-Discipline

- Set your alarm earlier for prayer/devotional time.
- Start a structured Bible reading plan.
- Designate a specific place for your quiet time with God.
- Prepare your faith declarations so you can do them first thing in the morning.
- Set up several music playlists such as: worship, energetic praise, freedom in Jesus and more.